

# Join the Wellness Committee!

The Local Wellness Policy is a written document that guides a local educational agency's (LEA) or school district's efforts to establish a school environment that promotes students' health, well-being, and ability to learn. The Wellness Policy Committee has been created as an effort to manage and develop our school's healthy habits.

- » A Wellness Committee will be appointed to each school
- » The committee may include parents and guardians, students, representatives of the school nutrition program, physical education teachers, or any other interested stakeholder that is aligned with the goals of the policy
- » The committee shall meet a minimum of four times per year

This is a great opportunity to help promote and support student health and wellness, and create a positive, safe, and health-promoting learning environment. Please contact [nutrition@kippatl.org](mailto:nutrition@kippatl.org) for more information.

We want to hear from you. Please contact us at [nutrition@kippatl.org](mailto:nutrition@kippatl.org)